

# WAKEFIELD FOREST JUMP ROPE CLUB



Grades 3-6 join the Wakefield Forest Jump Rope Club.  
Get great exercise while learning new jump rope skills.  
Put these new skills into an exciting jump rope routine.

Monday from 12:45 – 1:45

6 Sessions starting January 9<sup>th</sup> to March 12<sup>th</sup>

No Sessions Jan. 16, 30, and Feb. 20, 27

Limited to 25 students in grades 3 thru 6

\$40 - Jump Rope and t-shirt included in cost

Please contact Katie Stribling with any questions

ktstribling@gmail.com

703-978-3418

My child \_\_\_\_\_ has permission to join Jump Rope Club.

Teacher and grade \_\_\_\_\_

Email address \_\_\_\_\_

I am willing to help supervise this year – name and phone number or email

\_\_\_\_\_

If you are able please consider helping. The more volunteers the quicker the skills will be learned.

Signature \_\_\_\_\_

Printed Name \_\_\_\_\_