



This all levels class will use games, stories, imagination laughter and music to support children through their learning of poses, relaxation techniques, meditation, breathing and more. **JOIN US.....**

**WHO:** Grades K-6 (Max of 20 students)

**WHEN:** May 2 –June 6, 2012, Wednesdays \*\*

**TIME:** 3:15-4:05 pm

**COST:** \$42.50 for 5 weeks \*\* (\$8.50 per class; **a portion to be donated to WFES PTA**)

**\*\*NOTE:** Class began last week, 4/25/12 but we are prorating the cost for the remaining 5 classes\*\*

*Corinne Krill and Mary Beth Quick enjoy sharing their love and passion for Yoga with kids of all ages and abilities. Corinne (RYT – 200) trained under Shakta Khalsa in Radiant Child Yoga. Mary Beth is a Certified Early Education teacher and a Kids’ Yoga teacher trained through YoKids and under Shakta Khalsa. We are an LLC, licensed and insured.*

Please have your child wear comfortable, loose fitting clothing (no jeans). We have a limited number of yoga mats available for use, but you can bring your own (A yoga mat can be purchased at Five Below).

-----  
NAME: \_\_\_\_\_ TEACHER/GRADE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ CELL & HOME \_\_\_\_\_

EMERGENCY CONTACT

NAME/PHONE: \_\_\_\_\_

I \_\_\_\_\_ give permission for my child \_\_\_\_\_ to attend yoga class on dates \_\_\_\_\_. I represent and warrant that my child is physically fit and has no medical condition that would prevent them from full participation in this yoga class. I take full responsibility for my child’s participation in this class and release Heart and Soul Yoga LLC and the instructors from any liability associated with my child’s participation in the class.

I \_\_\_\_\_ give permission for my child \_\_\_\_\_ to be photographed and or videos taken by Heart and Soul Yoga.

Complete and sign form and return to the Main Office with payment (**make check payable to Heart and Soul Yoga LLC**) by **Wednesday, May 2<sup>nd</sup>**.

[www.heartandsoulyogava.com](http://www.heartandsoulyogava.com)